

Dear Parents and Carers,

We’re going to the Zoo, Zoo, Zoo! Last year, we completed an application for free tickets for pupils to visit the Zoo. I am pleased to tell you that our application has been successful, and as a result we have received enough tickets for all children, from Reception through to Year 6 classes, to visit Chester Zoo on **Thursday 29th February 2024**. This trip will support the children’s learning in their Science and Geography topics this term and enhance their knowledge of animals and their habitats around the world. We will be organising for all Nursery pupils to have a visit into school from Exotic Zoo on the same day.

Some more positive news is that we are proud to have retained the Youth Sport Trust’s Silver Quality Mark! The award has been aligned to Ofsted guidance, supporting the PE and Sport Premium. It comprises of a series of bench-marking statements, where our school’s level of provision in these areas is judged on: overall vision for PE, physical activity and school sport; quality of PE; quality of school sport; quality of physical activity; and use of PE, physical activity and sport as a catalyst for wider learning. We will now strive for the next milestone – gold! 🏆 ✦ Explore our website to learn how we encourage a love for sport: [🔗 https://bit.ly/TilstockSport](https://bit.ly/TilstockSport)

Mrs Rowena Kaminski
Headteacher



REMINDERS & NOTICES

Measles:

Cases of measles are increasing in the UK, including in the West Midlands, and it’s likely that there will be cases in Shropshire soon.

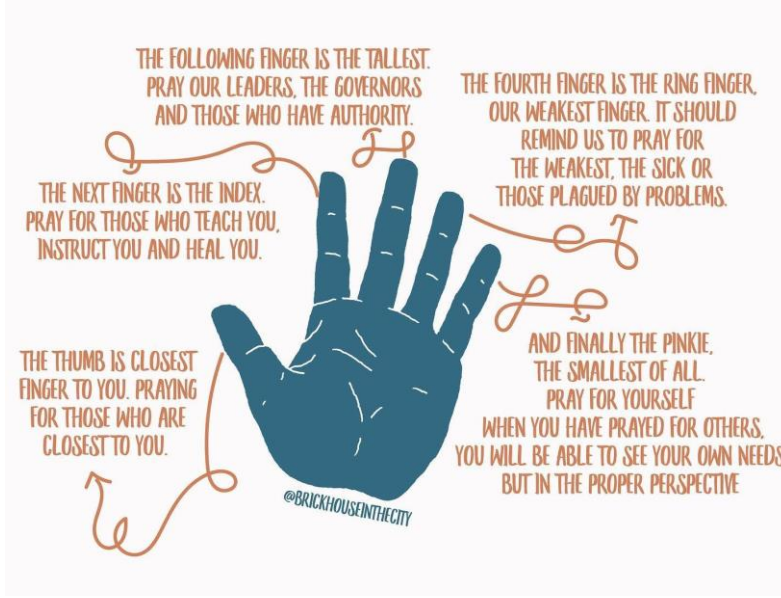
Measles is a viral illness that can be serious and sometimes fatal. Spending 15 minutes with someone with measles is enough to get the virus. Symptoms of measles include high fever, runny nose, cough, red and watery eyes, small red spots with a bluish-white centre inside the mouth. A rash can appear later, usually on the face, upper neck, hands and feet, fading after 5 to 6 days. If you’ve not been vaccinated against measles, you can be at risk, but it’s most common in young children. Someone with measles can spread the virus up to 4 days before a rash appears, and up to 4 days after. Measles can have serious and sometimes fatal consequences, so make sure you and your children are up to date with MMR vaccinations and ask your GP about catch-up jabs if needed. The MMR vaccine is highly effective at protecting against measles.

If you are unsure if your child is up to date with all their routine vaccinations, you can check their Red Book (personal child health record) in the first instance. If you are still not sure, or if you need to bring your child up to date with their vaccines, you should contact their GP practice to check and book an appointment. If you are concerned that your child has measles, please call your GP in the first instance, to reduce the risk of passing the disease to others in the waiting room. More information on measles can be found [here](#) and information on the MMR vaccine can be found [here](#).

WORSHIP

The Value this term is **RESPECT**.

In worship this week we learnt about praying for others. Here is the Five Finger Prayer to help you.



We recognise how important the role of parents and carers is, and how difficult that role can be without the knowledge of appropriate strategies that can be used to deal with everyday parenting challenges. The aim for all parents is to raise healthy, well-rounded children in a loving, stable environment, and it’s our hope that we can support parents, carers and communities to do this.

Why not call our Parenting Helpline where one of our trained Parenting Practitioners will be ready to listen to you. The helpline is open Monday - Thursday 9:30am-4:30am and Fridays 9:30am-3:30pm. Call 01743 250950.

Happy Birthday to:

Oliver, Maya, Phoebe, and Jamie
who celebrate their birthdays this week!



NEWS

[Click here](#) to view what our students have been up to recently.



UPCOMING EVENTS

[Click here](#) to view our upcoming events.

Events at a glance:

Choir trip to Young Voices: Monday 5th February
Respect Value Day: Friday 9th February
Half term holiday: Monday 12th February – Friday 16th February 2024
PD Day: (Children not in school this day) Monday 19th February 2024
Spring term 2 begins (children return to school): Tuesday 20th February 2024
Chester Zoo Trip R - Yr 6: Thursday 29th February 2024
Easter Holiday: Monday 25th March - Friday 5th April 2024

