

# Joy

- Personal happiness – inner contentment, enjoyment of life, laughter, at peace with the way things are,
- The happiness of others – making other people smile, putting others at ease, spreading a good mood or good cheer, sharing a joke, relieving other people of worry or fear
- Finding a happy medium – working to create an atmosphere that helps everyone relax, setting a positive tone for a group of people, making everyone welcome
- Contributing to a happy environment – working towards an inclusive, welcoming ethos, putting other people's happiness before your own, finding ways together to overcome problems, giving everyone the opportunity to flourish, contributing to the health of all

## Our chosen Bible story

- The lost coin

## Our chosen worship songs

- All Things Bright and Beautiful
- Who Put The Colours in The Rainbow?

## Secular stories linked to this value

- Augustus and His Smile by Catherine Rayner
- Because of You by B. G. Hennessy
- Where Happiness Begins by Eva Eland
- Happiness is a Watermelon on Your Head by Daniel Hahn

## Our prayer for joy

Dear God,

Thank you that you want us to be happy.

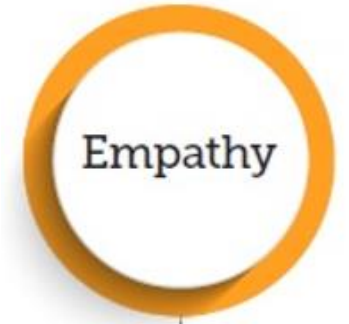
Please help us to look for ways to make other people happy.

Please help us to share and to be kind.

Amen.



**Creativity:** inspiring and challenging through invention, experimentation and exploration



**Empathy:** embracing and supporting the uniqueness of every individual

