

Intent Phase	
Statutory Framework for EYFS Programmes of Study	
Reception	
<u>Physical Development</u> Moving & handling	<ul style="list-style-type: none"> - Shows good control and co-ordination in large and small movements. - Moves confidently in a range of ways, safely negotiating space. - Handles equipment and tools effectively, including pencils for writing.
<u>Physical Development</u> Health & self-care	<ul style="list-style-type: none"> - Knows the importance for good health of physical exercise and a healthy diet. - Can manage their own basic hygiene and personal needs successfully, including dressing.
<u>Physical, Social & Emotional Development</u> Self-confidence/awareness	<ul style="list-style-type: none"> - Confident to try new activities and say why they like some more than others.
<u>Physical, Social & Emotional Development</u> Managing feelings & behaviours	<ul style="list-style-type: none"> - Work as part of a team. - Understand and follow rules.
<u>Physical, Social & Emotional Development</u> Making relationships	<ul style="list-style-type: none"> - Plays cooperatively, taking turns with others.

All foundation pe planning lesson plans follow this road mapping document.
 To break each unit down further please see individual unit medium-term plans (*implementation phase*).

Intent, Implementation, Impact	
<u>Ball Skills</u>	<ul style="list-style-type: none"> • Shows understanding of the need for safety when tackling new challenges and considers and manages some risks when using equipment. • Can play in a group, extending and elaborating play ideas within the group. • Begins to accept the needs of others and can take turns and share, sometimes with the support of others. • Shows increasing control when throwing and catching a large ball.
<u>Dance</u>	<ul style="list-style-type: none"> • Explore and copy basic body actions and rhythms. • Negotiate space confidently, using appropriate strategies. • Use their bodies to respond to stories, topics, and music.
<u>Fun & Games</u>	<ul style="list-style-type: none"> • Runs skilfully and negotiates spaces successfully, adjusting speed or direction to avoid obstacles. • Shows understanding of the need for safety when tackling new challenges and considers and manages some risks when using equipment. • Begins to accept the needs of others and can take turns and share, sometimes with the support of others. • Moves freely and with pleasure and confidence in a range of skilful ways. • Shows understanding when counting objects to 10 and beginning to count beyond 10.
<u>Me & Myself</u>	<ul style="list-style-type: none"> • Ability to dress themselves with support if necessary. • Moves freely and with pleasure and confidence in a range of skilful ways. • Engages in conversation with others. • Runs skilfully and negotiates spaces successfully, adjusting speed or direction to avoid obstacles. • Ability to link sounds to letters, naming and sounding the letters of the alphabet.

<u>Movement Development</u>	<ul style="list-style-type: none">• Travels with confidence and skill in a range of movements when using equipment.• Shows understanding of the need for safety when tackling new challenges and considers and manages some risks.• Moves freely and with pleasure and confidence in a range of skilful ways.• Runs skilfully and negotiates spaces successfully, adjusting speed or direction to avoid obstacles.
<u>Throwing & Catching</u>	<ul style="list-style-type: none">• Showing increased control when catching a ball.• Shows increasing control over an object, pushing, pasting, throwing, catching, or kicking it.• Moves freely and with pleasure and confidence in a range of skilful ways.• Able to respond to simple instructions, showing a good understanding of safety when using tools and equipment.
<u>Working with Others</u>	<ul style="list-style-type: none">• Can play in a group.• Begins to accept the needs of others and can take turns and share, sometimes with the support of others.• Keeps play going by responding to what others are saying or doing.• Runs skilfully and negotiates spaces successfully, adjusting speed or direction to avoid obstacles.

Intent, Implementation, Impact			
(PE Life Skills)			
<u>Health, Fitness & Wellbeing</u>	Shows some understanding that good practices regarding exercise, eating, sleeping and hygiene can contribute to good health.	<u>Feedback</u>	Express their enjoyment of an activity using simple feedback techniques (e.g. thumbs up/down).
<u>Body Awareness</u>	Shows some understanding towards the effects of activity on their body.	<u>Peer-coaching</u>	Responds to ideas showing understanding, asking appropriate questions of others.
<u>Safety</u>	Aware of the boundaries set, and of behavioural expectations in the setting, to ensure everyone's safety. Know that equipment and apparatus can be harmful.	<u>Leadership & Teamwork</u>	Can play fairly in a group. Shows the ability to accept the needs of others and can take turns and share resources, sometimes with support from others.
<u>Evaluation</u>	Watch and copy some basic movements in P.E. Responds to what others are saying or doing.		