



### Dear Parents and Carers,

Thank you again for all your support during this difficult time. We have been so pleased with the fantastic emails and photographs of home learning.

I hope you are enjoying the virtual sports day- Remember to send your results to us, as we will be awarding one special prize to the family who sends the best video or photo.

This week is Mental Health week. It's perfectly normal to feel a little out of sorts during this time, and we are here to help in any way that we can. I have popped some useful resources below, but please remember that if you need any guidance or just someone to talk to, please get in touch with us.

Please keep in touch, we love hearing from you and remember we are here to help in any way we can!

Take care and stay safe.

*Mrs R Kaminski*  
**Head of School**



## NOTICES

### Mental Health Awareness Week

It is important to look after our mental health now, particularly more than ever and as such we have created a new webpage for our site with a focus on wellbeing – here. It contains a helpful collection of resources, support information and advice on who you can contact both in and out of school if you are struggling.

**Young minds** have created this brilliant video to give you some ideas on creating a 'self-sooth' box.  
[https://youtu.be/TTYIS3u3A\\_E](https://youtu.be/TTYIS3u3A_E)

**Rest Easy** founder Emily Gearing is posting daily advice on her Rest Easy Facebook page.  
<https://www.facebook.com/resteasymethod/>

### Half Term

Please be advised that the school will be closed for all pupils over the May half term. This includes emergency childcare for children of key workers.

### Gareth Metcalf Maths

Gareth Metcalf is posting lots of super daily maths lessons for KS2 and daily games/ challenges for KS1 & KS2 online. Gareth has worked with us at the school and the children are familiar with him and his lessons, so please take part if you can.  
<http://www.iseemaths.com/lessons34>

### While We Can't Hug

We saw this lovely video and thought we'd share it with you.  
[Click here to view.](#)



### School Return

The Government have issued guidance that schools can return from 1st June 2020. Whilst we never closed any of our schools and have been providing extremely extensive home learning, we are now in a position to work with our communities initially to bring back those children in **Nursery, Reception, Year 1 and Year 6.**

We recognise as a Trust that this is a difficult time for staff, parents and children. We are committed to ensuring that we continue to work with our communities, maintaining the positivity. Even more important is that as a Trust, we provide a learning environment for all that makes our community feel safe supported and confident to deliver the next phase of this journey together. With this in mind, we have compiled a short survey to establish which children will be back in school out of the selected year groups.

[Click here to complete the survey.](#)

### BBC Bitesize daily lessons

On the BBC website, you'll find daily lessons for home-schooling in Maths and English for every year group, as well as regular lessons in Science, History, Geography and more.  
<https://www.bbc.co.uk/bitesize/dailylessons>

### Birthdays

**Happy birthday to the following pupils who are celebrating this week:**

- Alfie in Darwin Class
- Miguel in Talbot Class



### Headteacher's Award

Well done to all our children for their fantastic work!

Please look out for our virtual Headteacher's assembly on our Facebook page, where I will announce this week's winners. I will also email parents to individually.

Please continue to send their achievements to [kaminski.r@mmat.com](mailto:kaminski.r@mmat.com) to be considered for next week's Headteacher's awards. Remember you can also share your home learning news with our school community in the pinned post on our Facebook page!



### Special Mention

Mr Gillespie has asked that Eden and Charlie get a special mention in this week's bulletin and a Headteacher's award – well done both of you.

### Parent/Carer Survey

We really value your feedback and feel we have been working well with our pupils so hoping you can spare 5 minutes to complete the attached survey.

Please [click here](#) to take part. Thank you in advance for your support.

### Read Write Inc phonics

To help children learning to read at home during school closure, Read Write inc are streaming 7 phonics, reading and spelling lessons every weekday on our YouTube channel. Each lesson is ten to fifteen minutes long and available for 24 hours.  
<https://www.ruthmiskin.com/en/find-out-more/parents/>

### Competitions & Challenges

**History Competition:** The Historical Association are running a 'Write Your Own Historical Fiction Competition 2020'. Winning students will each receive a cash prize, engraved paperweight and a year's free subscription to the Historical Association for their school. Entries close on Friday 26 June 2020, [click here](#) for more details.

**History Competition:** Focus Games Ltd are challenging all age groups to create a unique piece of work, drawing, poster, short story, video or artwork in order to celebrate 100 Great Black Britons and their legacy. Entries close on 30th September 2020, [click here](#) for more information.

**Geography Competition:** The Royal Geographical Society are running their Young Geographer of the Year Competition, asking students to submit entries based around the theme of 'the world beyond my window'. Full competition details can be found [here](#). **The deadline for receipt of all entries is Tuesday 30th June 2020 at 5.00pm.**

**Marches Academy Trust Challenge:** Professional boxer Tom Farrell is challenging students from across The Marches Academy Trust to complete as many burpees as they can in 30 seconds. Follow our Facebook page to find out more, take part and have the opportunity to win a medal.

### WORSHIP



For worship-related activities this week, visit:  
<https://www.rootsontheweb.com/lectionary/2020/106-march-april-2020-a/easter2/familiesathome>

This webpage is updated weekly, with a different Bible story and activities for children based on the story.

### Stargazing

Below is a list of astronomical sightings which students may want to keep an eye out for over the next month:

- 27th May – Comet Swan visible to the naked eye.

### USEFUL CONTACTS



Shropshire Public Health Nursing Service	0333 358 3654
Compass	0345 678 9021
Early Help	<a href="https://shropshire.gov.uk/early-help/">https://shropshire.gov.uk/early-help/</a>
Parenting Team	01743 250950
SEND Local Offer	<a href="https://www.shropshire.gov.uk/the-send-local-offer/">https://www.shropshire.gov.uk/the-send-local-offer/</a>

### WEBSITE QUICK LINKS

Please click on the following useful links to find out more.

- [News.](#)
- [Home Learning](#)
- [Term Dates.](#)



### FACEBOOK



Please follow us on Facebook @[tilstockprimaryschool](#) for supplementary home learning ideas, news, competitions and feel good stories. We also encourage you to share your ideas and interact with our posts!

For news from across the Trust, why not also follow the @[MarchesAcademyTrust](#) page.

