

Fun, friends and activities
for children and young
people with disabilities
or additional needs



Autumn/Winter Edition 2017

Welcome to the Autumn/Winter edition of 'All In'.



Keeping you posted

To make sure you keep up to date with any changes to the 'All In' programme and get to hear about new and exciting opportunities in the community subscribe on the Shropshire Council website.

Important Information

The Short Break opportunities in this activity programme can only be accessed by Shropshire children and young people aged up to 18 years of age who have a disability or additional needs that make (or would make) attending mainstream clubs, groups or facilities difficult.

To confirm your child/young person is eligible to access the 'All In' opportunities you are required to complete a registration form which details the nature of your child/young person's disability or additional needs as well as describing the barriers they have, or would face in accessing mainstream services.

To get an 'All In' Registration Form please contact the **Customer Services Centre** on **01743 250225** or email **shortbreaks@shropshire.gov.uk**. Alternatively you can complete an online form or download a copy via Shropshire Council's website **www.shropshire.gov.uk** (search: 'Short Breaks' and follow the links to Short Breaks 'All In' activity programmes).

Once the completed 'All In' Registration Form has been submitted/returned, each child/young person will be sent their own 'All In' membership card and number.

You can then start to book onto the opportunities using their membership number.

Please note:

- **You must book onto the opportunities available. Providers reserve the right to turn people away if they have not booked.**
Unless otherwise stated please book onto an opportunity 7 days in advance so that copies of registration forms can be distributed to the provider.
- **The 'All In' programme provides different opportunities for children/young people with different needs. Some activities may not be suitable for every child/young person.**
- **Parents/Carers may be required to stay for the duration of the activity. Please discuss this with the provider when booking and also whether they are able to cater for the needs of your child/young person.**

Your child/young person may be able to access more opportunities when accompanied by a responsible adult or their familiar support worker.

- **All opportunities are subject to availability and eligibility.**

Location: Perry Cottage, Yeaton, Baschurch, SY4 2HY

Date	Time	Activity	Age	Contact
Every Wednesday through the holidays or other days to suit individuals by arrangement - please just ask!	10-12pm	'Have a Go' session, including pony grooming, riding and vaulting.	4-18 year olds (Siblings welcome)	For further information or to book a place: Jane Barker 01939 261147 www.cavaliercentre.org
Weekdays & Saturdays Term time & school holidays	Days and times by arrangement	6 week blocks of FREE taster sessions to be introduced to fun & games and pony skills.		



Saturday activity club

Action For Children provide a Saturday club for 'All In' members aged 4 to 18.

The sessions are suitable for children and young people with various needs and disabilities including those with more complex needs.

Sessions will run weekly:

9th Sept to 14th Oct • 4th Nov to 9th Dec • 6th Jan to 10th Feb • 3rd Mar to 24th Mar

***** Changes to Saturday afternoon club *****

AFC are planning to offer some independence workshops alongside the Sat PM group from beginning of November for those aged 12+. These will consist of money skills, basic cookery, road safety awareness and basic travel on public transport. A flyer and more information will be distributed in late September. Please contact AFC on 01743 285765 if you are interested.

Location: Belle Vue Youth Club, Rocke Street, Shrewsbury, SY3 7PL

Date	Time	Activity	Age	Contact
Saturday's Term time only	9.30am - 12.30pm	There is a wide variety of activities on offer which are child led: ball and sports games (football, cricket and basketball), arts & crafts, puzzles, board games, DVD's, toys, sensory and messy play. There will also be opportunities (weather and transport dependent) to local cinema and parks/walks.	4 - 11 years	For further information or to book a place 01743 285765
	1.30pm - 4.30pm		12 - 18 years	

Holiday playschemes

October	24th to 27th October	To be held at the Priory School, Shrewsbury
Christmas	Wednesday 20th December	



Please note: an 'All In' membership number will be required to book places for the above activities. How to register is detailed on page 2 of this programme.

Please contact Debbie King on **01743 285765** or Deborah.king@actionforchildren.org.uk

Come and join the fun at Tickwood Farm near Much Wenlock where sessions around drama, stories and forest skills activities such as den building are offered.

There is also an accessible trail which the whole family can enjoy together after the session has finished.

Booking is essential: <https://bookwhen.com/ignitioncreate>



Date	Time	Activity	Age	Contact
Location: Tickwood Farm, Wyke, Much Wenlock. TF13 6NZ				
Saturdays (term time) 30 Sep 2017 7 Oct 2017 4 Nov 2017 11 Nov 2017 2 Dec 2017 £30 for the 5 week course or £8 per one off session	10am – 12pm	Woods Meets Words Outdoor storytelling and forest skills course for children with SEND aged 5-11, running from 10am-12pm on Saturday mornings, at Tickwood Care Farm. Each week uses a different story as a theme, and activities and forest skills are based on the events of the story. A snack and drink are provided for participants, and sessions conclude with free play in the forest. Siblings welcome.	5-11 years	For further information : info@i-ignition.co.uk or visit www.i-ignition.co.uk
FREE Introductory Day: 23rd September. Booking essential. Dates: 30 Sep 2017 7 Oct 2017 4 Nov 2017 11 Nov 2017 2 Dec 2017 £30 for the 5 week course	12.30 – 2.30 pm	Moves 'Moves' is an exciting Movement and Drama course for young people with SEND aged 11-14, running on Saturday afternoons from 12:30pm-2pm at Tickwood Forest, Much Wenlock. Participants will be working with professional artists to create original and exciting performances in the forest setting using movement and drama with a performance at the end of the 5 week course.	12-16 years	



Shrewsbury Town In The Community provides a changing variety of sessions each Friday during term time at the Powerleague Stadium in Shrewsbury.

A number of holiday club sessions are also offered during school holidays providing a longer session and the opportunity for the children and young people to try a bigger range of activities.

Sessions are split into two groups to ensure that they are age appropriate.



A contribution of £2 towards the cost of Friday sessions and £7 for the holiday sessions is payable and places must be booked in advance.

Location: STFC Powerleague, Greenhouse Meadow Stadium, Oteley Road, Shrewsbury, SY2 6ST

Date	Time	Activity	Age	Contact
8th Sept	4 – 5.30pm	Football	5 - 14 year olds	01743 289177 ext 239 community@ shrewsburytown .co.uk
15th Sept		Netball		
22nd Sept		Handball		
29th Sept		Multisport		
6th Oct		Tennis		
13th Oct		Hockey		
20th Oct		Cricket		
27th Oct (HC)	9am – 12pm	Holiday Club		
3rd Nov	4 – 5.30pm	Boccia		
10th Nov		Rounders		
17th Nov		Scoreball		
24th Nov		Athletics		
1st Dec		Dodgeball		
8th Dec		Speedball		
15th Dec		Touch Rugby		
5th Jan		Football		
12th Jan		Netball		
19th Jan		Handball		
26th Jan	Multisport			

Short Breaks – what do they mean to you?

We have worked hard over the last few years with our local providers to offer a varied Short Breaks programme that is valued and makes a real difference.

We ask all our providers to gather feedback from children, young people and the parents and carers that have attended the 'All In' Short Breaks so we can see how we're doing.

These are some of the comments we've received:

Marches Family Network

I really don't know what I would do without Marches. Without that time to recharge my batteries I would definitely be struggling to cope.

Lower Bush Farm

As a family we have benefitted from these sessions as they have kept routine throughout the holidays... These days have given his sisters a chance to have a good day doing activities they couldn't do otherwise. They give us a chance to relax together safe in the knowledge that he is having a great time and being well supervised.

Empathy

That is what is amazing about this group. An incident like today would usually have left us all feeling emotional and worn out and everyone on edge. It probably would have gone on all day but instead I was supported, my son was supported and he actually believed in himself and gave it a go.

Ignition

Not being judged, feeling included as a family, having fun together in a non-stigmatising environment.

Shropshire Youth Association

I can relax knowing that he is having fun and is being cared for by the people who know and understand his needs. This allows me to spend time with other family members and recharge my batteries.

Country Treks

Activities are so well organised, with friendly and understanding staff that are patient. No funny looks! Very calm and reassuring.

If you'd like to share your positive feedback with us then please email shortbreaks@shropshire.gov.uk or telephone **01743 250227**

SYA has a team of qualified experience Youth Workers who will enable and support young people to integrate into their friendly group of young people with additional needs or disabilities. All workers have DBS, safeguarding and first aid training.

SYA has a team of qualified experience Youth Workers who will enable and support young people to integrate into their friendly group of young people with additional needs or disabilities. All workers have DBS, safeguarding and first aid training.

Following our consultation with young people, parents and carers earlier this year we were asked for more regular meetings where the whole group could meet up.

Parents and carers also told us that there was also a need to raise awareness around important issues like drugs and alcohol, staying safe in the community and on-line, emergency first aid, food hygiene and basic life skills training.

As a result of this SYA will be offering a series of fun and interactive workshops such as a 'ghosts and ghouls' night which will be full of first aid related team challenges with fake wounds and blood in our first aid scenarios.

Transport from designated pick up points in Bridgnorth and Shrewsbury will be provided.

Are you age 10 – 18?
Would you like to meet up with an existing social group?
Take part in fun activities & days out?
Are you ready to take the next step independent of parents & carers? Then this is for you!



29 April	Welcome meeting for new members @ the New Lodge Mon/noon: SY2 5RR 4.30 to 6.30	Free
6th May	Mickey Millers & Pizza/Pasta	£10
10 June	West Midlands Safari Park includes rides	£20
9 July	Activity Day, Segway, Archery, Climbing!	£20
16-17 Sep	Longmynd Adventure Camp with overnight stay	£35
11 Nov	Inflatable Pool Party & Meal in Shrewsbury	£10
9 Dec	Panto@Theatre Severn - best seats in the house	£10
20 Feb	Bowling & Meal Out!	£10
	Bi-Monthly group sessions at Bridgnorth or Shrewsbury. Dates & Times to be confirmed.	£3/session

For more information about booking and to get a full schedule for transport & pick up times please e mail di@sya.org.uk
 For an informal chat please call Di or Kerry on 01743 730005



ONLY
£15 PER
NIGHT

Overnight stays available...

The cabin sleeps 4 and is situated in beautiful woodland surroundings near Much Wenlock. The cabin is fully accessible and offers the opportunity for families to spend time together in a relaxed and informal environment.

When staying at Llama Cabin you are welcome to explore the surrounding woodlands of the Tickwood Farm Estate or use it as a base to visit local attractions such as the Severn Valley Railway and the Ironbridge Gorge Museums.



The lounge / diner has TV, wall safe, double sofa bed, the table and benches fold away to the wall.



A well equipped kitchen with toaster, microwave, oven/hob and fridge with freezer compartment.



For further information about overnight stays please contact **Pam Marshall** on **07929 795934** or email **llama@tickwood.co.uk**
www.tickwood.co.uk
www.tickwoodcarefarm.org

'Out and About' – holiday activities

Empathy for special children works across Shropshire providing support and social opportunity for those aged 0 - 18 years growing up with autism, associated conditions and additional needs and their families. All sessions are delivered and supported by trained and experienced playleaders and provide the opportunity for the whole family to enjoy time together and apart.

Out and About runs every week of every school holiday and allows families to enrich their school holidays through supported, fun and accessible days out with an empathic and supportive network of peers.

Please take a look on the website www.empathyforspecialchildren.org for further information.

Date	Description
Weds 25th Oct	LEGOLAND
Weds 20th Dec	Ice Skating (Telford)
Weds 27th Dec	Panto time! Snow White & the Seven Dwarfs (Theatre Severn)
Tues 20th Feb	Bowling or Paintball
Thurs 22nd Feb	Mickey Millers Play Barn
*** Please note these are the planned activities but are subject to change	

Empathy also offer:

- Friendship Groups in Craven Arms, Oswestry and Telford offering a range of changing fun sessions for the whole family.
- 'Unleashed' – a holiday programme for young people to have fun and gain independence away from their carers and family.
- 'Social Sibs' – a group that meets for 2 hours each month in Craven Arms, Oswestry and Telford.
- 'Empower' – an outreach service to bring support, knowledge and confidence to parents and carers through monthly workshops, talks and online support.

For further information or to book a place:

- **Contact 07495 947987**
- **enquiries@empathyforspecialchildren.org**
- **www.empathyforspecialchildren.org**



Marches Family Network are a charity operating in Shropshire and surrounding areas. Through Short Breaks funding they are able to offer Saturday play days in Ludlow. A contribution of £20 towards the cost of each session is payable and participants must be a registered All In member.

A range of changing activities will be on offer each session both indoor and outdoor and can include cookery, music, drama, arts, crafts, games, sports, activity centres and more...

Location: Bitterley C of E Primary School, Ludlow. SY8 3HF

Date	Time	Activity	Age	Contact
23rd Sept	Saturdays (term time only) 10:30 to 3pm	Junk modelling and drift trikes	3-18 year olds	Becky Hemming 01568 614908 play@marchesfamilynetwork.org.uk
21st Oct		Halloween games, crafts & bug hunt		
18th Nov		Musical fun (with Music Pool) & games		
6th Jan		Mickey Millers Play Barn (meet there)		
3rd Feb		Mad science and rocket making/launching		
10th Mar		Swimming at Teme Leisure pool (meet there)		

Marches Family Network, through other funding secured outside of Shropshire Council, also offer opportunities (where spaces permit) to Shropshire Children at their Herefordshire clubs and activity sessions. Families need to provide their own transport to these activities and the standard service prices will apply.



Lower Bush Farm is a 40 acre farm between Ludlow and Bridgnorth.

The Farm has three Forest School sites and a wide range of animals. In woods, children enjoy making dams, dens, climbing trees, running, making mud pies, swinging in hammocks and cooking over the fire. In the tool's area children use saws, drills, etc. to make bird feeders, log reindeer, pencil holders, etc.

Each day the children help feed, groom, muck out and walk the animals which include, goats, pigs, rabbits, turtles, degus, rheas, poultry and peacocks.

Children will get wet and muddy splashing through the streams and woods so they will need to wear old clothes, waterproofs and welly boots. Siblings are welcome.

Date	Time	Activity	Age	Contact
Location: Stoke St Milborough, Ludlow, SY8 2ES				
Sessions run every Tuesday and Thursday through the school holidays	9 - 4pm	<p>Sessions will be based on the group's interest and will include:</p> <ul style="list-style-type: none"> • Animal care (goats, pigs, poultry, rheas, horses). • Woodwork • Forest School • Archery • Outdoor pizza oven • Tractor / trailer rides • Animal care including goats, pigs, rabbits, horse, poultry and turtles • Growing vegetables in the poly tunnel and veg patch <p>£10 for the first child and £5 for siblings. Booking is essential</p>	Ages 8 and over	<p>For further information or to book a place: Rowanna 07734 295144 or Oliver 07817 666267 or email: lowerbush@gmail.com or visit www.lowerbush.co.uk</p>



Moving and Grooving

The Moving & Grooving Team continues to provide ongoing group support at the Sports Village Saturday Club and Cycling session.



"The support and encouragement provided, combined with the enthusiasm and understanding of my child's abilities has given my son a chance to join in games confidently!"

"The Moving and Grooving staff fully understand my child's disabilities, limitations and her unpredictable behaviour."

"The Leisure Staff have got more experienced as they spend more time with children with special needs."



London Road Sports Centre



London Road Sports Centre offer term time sports based fun and games sessions which are run by professional coaches experienced in delivering sessions to children and young people with a disability and will be supported by the London Road leisure staff.

A four week cycle of changing activities is offered and reviewed at the end of each term in consultation with those young people attending and their parent/carers.

* *Siblings are also welcome.*



Location: London Road, Shrewsbury, SY2 6PR

Date	Time	Activity	Age	Contact
Week 1	Wednesdays Term Time 4.30 to 6 pm	Table tennis and badminton	8-18 years	For further information or to book a place: 01743 342591
Week 2		Dodgeball and kick it cricket		
Week 3		Short tennis		
Week 4		Giant inflatable / fun and games		

'ALPHA' SWIMMING SESSIONS

Oswestry Swimming and Fitness Centre

Location: Shrewsbury Road, Oswestry, SY11 4QB

Date	Time	Activity	Age	Contact
Tuesdays	6-6.30pm	10 week block programme ASA Alpha Swimming Programme (£22.50 per block of 10)	7 - 16 year olds	For further information or to book a place: 0345 0007 006
Wednesdays				
Fridays				
Fridays				
	6.30 – 7pm			

The Quarry Swimming and Fitness Centre

Location: Priory Road, Shrewsbury, SY1 1RU

Date	Time	Activity	Age	Contact
Thursdays	4.30-5pm	10 week block programme ASA Alpha Swimming Programme (£22.50 per block of 10)	7 - 16 year olds	For further information or to book a place: 0345 0007 003

SEN - Swimming Club

This is a club for children that have participated in the 'Alpha' swimming lessons and will build on technique and confidence in the pool.

Each session is £2 and needs to be booked in advance.

Oswestry Swimming and Fitness Centre

Location: Shrewsbury Road, Oswestry, SY11 4QB

Date	Time	Activity	Age	Contact
Wednesdays	6 - 7pm	Swimming club £2 per session	7 - 16 year olds	For further information or to book a place: 0345 0007 006

The Quarry Swimming and Fitness Centre

Location: Priory Road, Shrewsbury, SY1 1RU

Date	Time	Activity	Age	Contact
Wednesdays	6-7pm	Swimming club £2 per session	7 - 16 year olds	For further information or to book a place: 0345 0007 003

Shrewsbury Sports Village

Location: Sundorne Road, Sundorne, Shrewsbury, SY1 4RQ

Date	Time	Activity	Age	Contact
Fridays (term time only)	4-5pm	Ability Counts Football £1 per session	8 - 16 year olds	For further information or to book a place: 0345 0007 002
Saturdays Term time and school holidays	10-11am	Cycling Club Use of adapted cycles £1 per session <i>*last session will be on 28th October until Spring 2018</i>		
Saturdays Term time and school holidays	11am - 12.30pm	Saturday Club £1.50 per session This club offers a wide range of changing activities including cookery, arts & crafts, wall climbing, Zumba, pond dipping, treasure hunts, fun & games and a giant inflatable obstacle course.		



*please note some activities are weather dependent.



Enjoy a wonderful afternoon of horse riding and pony activities in beautiful surroundings. The centre is based in the beautiful South Shropshire countryside, with rolling hills, fields, common land, and woodland tracks right on their doorstep.

It is based at Ginny Hole, a 27 acre site where there is a 20 x 40 foot outdoor arena, where they hold children's activities and regular lessons.

Sessions have limited places available so it is important that you book your place early.

A contribution towards the cost of this activity is required at £10 per session.

Sibling places may be available please check with provider

Country Treks Equestrian Centre

Date	Time	Activity	Age	Contact
Country Treks Equestrian Centre, The Old Vicarage, Stottesdon, Nr Cleobury Mortimer, Kidderminster, Worcestershire. DY14 8UH				
Wednesday 25th October	12:30 to 2pm	<ul style="list-style-type: none"> • Guided rides around the centre • Treasure hunts • Gymkhana games • Lessons/tuition • Pony play • Grooming, washing, painting hooves • Decorating ponies • Musical rides And more...	6 - 16 year olds	Telephone: 01746 718436 Mobile: 0781 726 2563 Email: horses@livesheadventure.co
Wednesday 20th December				
Wednesday 21st February 2018				

The Local Offer is your One Stop Shop for services and information relating to Special Educational Needs and Disability. This information is there to help you navigate your way through the world of SEND and to find the right help for you and your family.

Our service directory and information pages cover education, health, and social care, as well as community services and support, independent living skills, and local events and activities.

Search: **'Local Offer Shropshire'**

Visit: **new.shropshire.gov.uk/the-send-local-offer/**

Email: **local.offer@shropshire.gov.uk**

Call: **0345 678 9063** asking for 'Local Offer'



Visit: www.tnsfc.co.uk

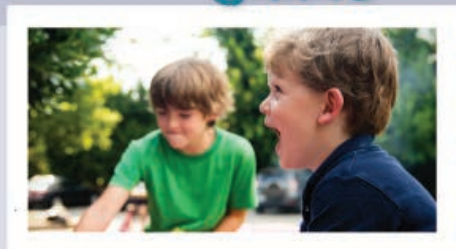
Tel: 01691 684840



TNS all in Juniors



The
venue



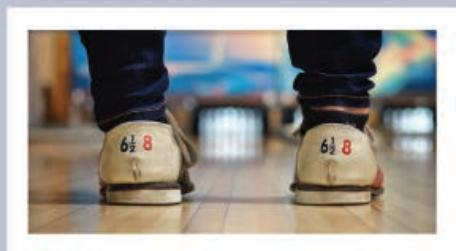
For 4-9 year olds

Fridays
5:30pm - 7pm

at The Venue

Clubs are run on alternating weeks

TNS all in



For 10-18 year olds

Fridays
6pm - 8pm

at The Venue

Clubs are run on alternating weeks



£3.50
per session

Fortnightly activity club for young people with additional needs, supported by multi sport coaches and specialist support workers

👉 Bowling 👉 Laser 👉 Sports 👉 Games 👉 Activities

£3
for block bookings*

For more information contact Naomi Stocker on naomi@gotothevenue.com.
Or visit www.shropshire.gov.uk for more information about the "All In" program. Participants must be registered with Shropshire Disabled Children's Team. *Choose from sessions of 8, 16 and 26.

Here is more of what the children have been up to over the Summer



If you have any questions or comments regarding this activity programme please contact the Short Breaks Team on:
01743 250227 or email
shortbreaks@shropshire.gov.uk

If you can read this but know someone who can't, please contact us on 0345 678 9000 so we can provide this information in a more suitable format.